



LWSA & AJAX PREMIER

WINTER CLINICS

SESSION III - 2023/2024

<u>CLINIC:</u>	<u>DAY:</u>	DURATION	AGES:	PRICE:	SESSION III - START
GOALKEEPER TRAINING	MONDAYS @ 4:45 PM – 5:45 PM	1 HOUR	9 – 14	\$180	MONDAY 02/19/2024
STRIKERS & GK TRAINING	MONDAYS @ 5:45 PM – 6:30 PM	1 HOUR	11 – 14	\$165	MONDAY 02/19/2024
<u>LI'L SOCCERS PRO I</u>	TRAININGS - FRIDAY @ 4:45 PM - 5:45 PM MATCHES - SUNDAY @ 12:00 PM - 4:00 PM	1 HOUR	8-9	\$265	FRIDAY 02/16/2024
<u>LI'L SOCCERS PRO II</u>	TRAININGS - FRIDAY @ 5:45 PM - 6:45 PM MATCHES - SUNDAY @ 12:00 PM - 4:00 PM	1 HOUR	8 – 9	\$265	FRIDAY 02/16/2024
<u>JUNIORS</u>	FRIDAYS @ 6:45 PM – 7:45 PM	1 HOUR	10 – 11	\$180	FRIDAY 02/16/2024
JUNIORS II	SATURDAYS @ 11:45 AM – 12:45 PM	1 HOUR	10 – 11	\$180	SATURDAYS 02/17/2024
<u>YOUTH</u>	FRIDAYS @ 7:45 PM – 8:45 PM	1 HOUR	12 – 14	\$180	FRIDAY 02/16/2024
<u>MUNCHKINS</u>	SATURDAYS @ 9:00 AM – 9:40 AM	40 MINUTES	2-5	\$160	SATURDAY 02/17/2024
KINDERKICKERS PRO I	TRAINING - SATURDAY @ 9:45 AM - 10:45 AM MATCHES - SUNDAYS @ 3:00 PM - 6:00 PM	1 HOUR	5-7	\$265	SATURDAY 02/17/2024
KINDERKICKERS PRO II	TRAINING - SATURDAY @ 10:45 AM - 11:45 AM MATCHES - SUNDAYS @ 3:00 PM - 6:00 PM	1 HOUR	5-7	\$265	SATURDAY 02/17/2024

REGISTER @ WWW.WRONASOCCER.COM

(Clinics run for six weeks)

(Each training session is One Hour OR 45 Minutes in Duration)

(Each player will receive an AJAX TRAINING SHIRT)

(Only turf Shoes, flat shoes, or sneakers are permitted)

(Each player needs long soccer socks and shin guards for participation).

***** KINDERKICKER & LI'L SOCCERS PRO CONSISTS OF ONE TRAINING SESSION A WEEK AND ONE MATCH ON THE WEEKEND. THE PRICE REFLECTS 6 TRAINING SESSIONS AND 4 MATCHES.

PLAYERS WHO REGISTER FOR THIS WILL RECEIVE ONE CRAZY GREEN TRAINING SHIRT & ONE AJAX MATCH SHIRT!

PAYMENT:

Payment can be made with either Check or Cash.

Please make checks out to LWSA.

Payment must be mailed in *UPON COMPLETION OF REGISTRATION*.

PAYMENT IS NON-REFUNDABLE.

Please mail payment to: LWSA P.O. BOX 381 BRISTOL, CT 06011

LOCATION / GPS ADDRESS:

LESZEK WRONA'S SOCCER ACADEMY
25 NORTH STREET
BRISTOL, CT 06010

* DAY & TIME SUBJECT TO CHANGE * ADDITIONAL CLINICS MAY BE ADDED

If you have any questions, please contact:

ALEXANDER WRONA 860 - 751 - 2652 alex@wronasoccer.com

CLINIC DESCRIPTION:

GOALKEEPER TRAINING:

GOALKEEPER TRAINING is a clinic designed for players between the ages of 9 and 14. Players will be introduced to the fundamentals of goalkeeping in addition to working with their feet on improving their technical skills.

MUNCHKINS:

MUNCHKINS is a clinic designed for players between the ages of 2 and 5 years old.

This is an introduction to the game of soccer. Players will be taught the basic technical fundamentals of the game. The group will play lots of little games to help them develop a love for the sport.

PARENTS ARE WELCOME AND ENCOURAGED TO JOIN PLAYERS ON THE FIELD!!!!

STRIKER & GOALKEEPER TRAINING:

STRIKER & GOALKEEPER TRAINING is designed for players between the ages of 10 and 13. Players will spend 15 to 20 minutes on the fundamentals of the game, dribbling, receiving, and passing. After players will be spend the remaining time finishing and learning the proper technique when shooting based on their positioning on the field.

<u>LI'L SOCCER I – JUNIORS – YOUTH:</u>

LI'L SOCCER I – JUNIORS – YOUTH are clinics designed for players between the ages of 8 and 14 years old. Players will focus on the fundamentals of the game, dribbling, receiving, passing, and shooting. Each training session will consist of 30 to 35 minutes of technical work which will be followed by a scrimmage for the remaining time. Players will be encouraged to incorporate the topic of the day when scrimmaging.

LI'L SOCCERS & KINDERKICKERS PRO:

KINDERKICKERS & LI'L SOCCER PRO are clinics designed for players between the ages of 5 and 9 years old. During the training session, players will focus on the fundamentals of the game, dribbling, receiving, passing, and shooting. Each training session will consist of 35 to 40 minutes of technical work which will be followed by an inner-clinic scrimmage for the remaining time. Players will be encouraged to incorporate the topic of the day when scrimmaging.

The training session will be followed by an inner-clinic scrimmage on the weekend. The match on the weekend will be an additional opportunity for players to use the skills they learn in training in a match setting. Players will be divided into two teams which will allow coaches to work more individually with players.