



***LESZEK WRONA'S
SOCCER ACADEMY***



LWSA & AJAX PREMIER

WINTER CLINICS

SESSION I - 2023/2024

| <u>CLINIC:</u> | <u>DAY:</u> | <u>DURATION</u> | <u>AGES:</u> | <u>PRICE:</u> | <u>SESSION I - START</u> |
|--|--|-----------------|--------------|---------------|--------------------------|
| <u>GOALKEEPER TRAINING</u> | MONDAYS @ 4:45 PM – 5:45 PM | 1 HOUR | 9 – 14 | \$180 | MONDAY 11/13/2023 |
| <u>STRIKERS & GK TRAINING</u> | MONDAYS @ 5:45 PM – 6:30 PM | 45 MINUTES | 11 – 14 | \$170 | MONDAY 11/13/2023 |
| <u>L1'L SOCCERS PRO I</u> | TRAININGS - FRIDAY @ 4:45 PM – 5:45 PM MATCHES – SUNDAY @ 12:00 PM – 4:00 PM | 1 HOUR | 8 – 9 | \$265 | FRIDAY 11/10/2023 |
| <u>L1'L SOCCERS PRO II</u> | TRAININGS - FRIDAY @ 5:45 PM – 6:45 PM MATCHES – SUNDAY @ 12:00 PM – 4:00 PM | 1 HOUR | 8 – 9 | \$265 | FRIDAY 11/10/2023 |
| <u>JUNIORS</u> | FRIDAYS @ 6:45 PM – 7:45 PM | 1 HOUR | 10 – 11 | \$180 | FRIDAY 11/10/2023 |
| <u>YOUTH</u> | FRIDAYS @ 7:45 PM – 8:45 PM | 1 HOUR | 12 – 14 | \$180 | FRIDAY 11/10/2023 |
| <u>MUNCHKINS</u> | SATURDAYS @ 9:00 AM – 9:40 AM | 40 MINUTES | 2 – 5 | \$160 | SATURDAY 11/11/2023 |
| <u>KINDERKICKERS PRO I</u> | TRAINING - SATURDAY @ 9:45 AM – 10:45 AM MATCHES – SUNDAYS @ 3:00 PM – 6:00 PM | 1 HOUR | 5 – 7 | \$265 | SATURDAY 11/11/2023 |
| <u>KINDERKICKERS PRO II</u> | TRAINING - SATURDAY @ 10:45 AM – 11:45 AM MATCHES – SUNDAYS @ 3:00 PM – 6:00 PM | 1 HOUR | 5 – 7 | \$265 | SATURDAY 11/11/2023 |

REGISTER @ WWW.WRONASOCCER.COM

(Clinics run for six weeks)

(Each training session is One Hour OR 45 Minutes in Duration)

(Each player will receive an AJAX TRAINING SHIRT)

(Only turf Shoes, flat shoes, or sneakers are permitted)

(Each player needs long soccer socks and shin guards for participation)

(Arrive 10 minutes early for warm up off the field)

******* KINDERKICKER & LI'L SOCCERS PRO CONSISTS OF ONE TRAINING SESSION A WEEK AND ONE MATCH ON THE WEEKEND. THE PRICE REFLECTS 6 TRAINING SESSIONS AND 4 MATCHES.**

Clinic matches do not start until week 2 of the clinics.

PLAYERS WHO REGISTER FOR THIS WILL RECEIVE ONE CRAZY GREEN TRAINING SHIRT & ONE AJAX MATCH SHIRT!

PAYMENT:

Payment can be made with either Check or Cash.

Please make checks out to **LWSA**.

Payment must be mailed in ***UPON COMPLETION OF REGISTRATION***.

PAYMENT IS NON-REFUNDABLE.

Please mail payment to:

LWSA

P.O. BOX 381

BRISTOL, CT 06011

LOCATION / GPS ADDRESS:

LESZEK WRONA'S SOCCER ACADEMY

25 NORTH STREET

BRISTOL, CT 06010

* DAY & TIME SUBJECT TO CHANGE

* ADDITIONAL CLINICS MAY BE ADDED

If you have any questions, please contact:

ALEXANDER WRONA

860 – 751 – 2652

alex@wronasoccer.com

CLINIC DESCRIPTION:

GOALKEEPER TRAINING:

GOALKEEPER TRAINING is a clinic designed for players between the ages of 9 and 14. Players will be introduced to the fundamentals of goalkeeping in addition to working with their feet on improving their technical skills.

MUNCHKINS:

MUNCHKINS is a clinic designed for players between the ages of 2 and 5 years old. This is an introduction to the game of soccer. Players will be taught the basic technical fundamentals of the game. The group will play lots of little games to help them develop a love for the sport.

PARENTS ARE WELCOME AND ENCOURAGED TO JOIN PLAYERS ON THE FIELD!!!!

STRIKER & GOALKEEPER TRAINING:

STRIKER & GOALKEEPER TRAINING is designed for players between the ages of 11 and 13. Players will spend 15 to 20 minutes on the fundamentals of the game, dribbling, receiving, and passing. After players will spend the remaining time finishing and learning the proper technique when shooting based on their positioning on the field.

LI'L SOCCER I – JUNIORS – YOUTH:

LI'L SOCCER I – JUNIORS – YOUTH are clinics designed for players between the ages of 8 and 14 years old. Players will focus on the fundamentals of the game, dribbling, receiving, passing, and shooting. Each training session will consist of 30 to 35 minutes of technical work which will be followed by a scrimmage for the remaining time. Players will be encouraged to incorporate the topic of the day when scrimmaging.

LI'L SOCCERS & KINDERKICKERS PRO:

KINDERKICKERS & LI'L SOCCER PRO are clinics designed for players between the ages of 5 and 9 years old. During the training session, players will focus on the fundamentals of the game, dribbling, receiving, passing, and shooting. Each training session will consist of 35 to 40 minutes of technical work which will be followed by an inner-clinic scrimmage for the remaining time. Players will be encouraged to incorporate the topic of the day when scrimmaging.

The training session will be followed by an inner-clinic scrimmage on the weekend. The match on the weekend will be an additional opportunity for players to use the skills they learn in training in a match setting. Players will be divided into two teams which will allow coaches to work more individually with players.