



**LESZEK WRONA'S
SOCCER ACADEMY**



LWSA & AJAX PREMIER

SUMMER CAMPS 2023

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<u>CAMP:</u>	<u>DAYS:</u>	<u>DURATION:</u>	<u>AGES:</u>	<u>PRICE:</u>	<u>LOCATION:</u>
BURLINGTON I	JUNE 26TH – JUNE 30TH MONDAY – FRIDAY 9:00 AM – 12:00 PM	3 HOURS PER DAY	5 – 14	\$175	MALERBO RECREATION COMPLEX 25 GEORGE WASHINGTON TPKE BURLINGTON, CT 06013
BERLIN I	JUNE 26TH – JUNE 30TH MONDAY – FRIDAY @ 5:30 PM – 8:00 PM	2.5 HOURS PER DAY	5 – 14	\$165	SAGE PARK SURANNA DRIVE BERLIN, CT 06037
BURLINGTON II	JULY 10TH – JULY 14TH MONDAY – FRIDAY 9:00 AM – 12:00 PM	3 HOURS PER DAY	5 – 14	\$175	MALERBO RECREATION COMPLEX 25 GEORGE WASHINGTON TPKE BURLINGTON, CT 06013
BURLINGTON III	JULY 17TH – JULY 21ST MONDAY – FRIDAY @ 5:00 PM – 8:00 PM	3 HOURS PER DAY	5 – 14	\$175	MALERBO RECREATION COMPLEX 25 GEORGE WASHINGTON TPKE BURLINGTON, CT 06013
WINDING TRAILS	AUGUST 21ST – AUGUST 25TH MONDAY – FRIDAY 9:00 AM – 12:00 PM	3 HOURS PER DAY	5 – 14	TBA	WINDING TRAILS 50 WINDING TRAILS FARMINGTON, CT 06032

***** REGISTRATION FOR WINDING TRAILS CAMP MUST BE DONE @ <https://www.windingtrails.org/>

REGISTRATION OPENS FOR THIS CAMP IN SPRING.

REGISTER @ WWW.WRONASOCCER.COM

(Each training session is 2.5 or 3 HOURS in duration)

(Each player will receive an AJAX CAMP SHIRT & BALL)

(Only outdoor cleats are permitted)

(Each player needs long soccer socks and shin guards for participation)

(Each player will need to bring lots of water and a snack)

PAYMENT:

Payment can be made with either Check or Cash.

Please make checks out to **LWSA**.

Payment must be mailed in **UPON COMPLETION OF REGISTRATION**.

PAYMENT IS NON-REFUNDABLE AFTER FIRST DAY.

Please mail payment to:

LWSA

P.O. BOX 381

BRISTOL, CT 06011

* DAY & TIME SUBJECT TO CHANGE

* ADDITIONAL CAMPS MAY BE ADDED

* BURLINGTON III CAMP – THURSDAY JULY 20TH WILL BE A SHORTER DAY. TIME WILL BE ADDED ON OTHER FOUR DAYS.

If you have any questions, please contact:

ALEXANDER WRONA

860 – 751 – 2652

alex@wronasoccer.com

CAMP DESCRIPTION:

DAILY CAMP LAYOUT:

8:30 AM – 9:05 AM – CHECK-IN

9:05 AM – 9:30 AM – WARM UP

- We will start the day by playing fun little games and focusing each day on a different topic such as dribbling, receiving, and passing.
- We will be maximizing the amount of time spent with the ball.

9:30 AM – 10:40 AM – BREAKOUT INTO SMALLER GROUPS

- Players will be broken up into smaller groups depending on age and skill level.
- During this time, we will be focusing on 1v1s and 2v2s, races to goal, crossing and finishing, simple passing exercises, dribbling through obstacle courses, rondos, soccer golf, soccer baseball, and soccer tennis.
- Each day will have a different focus.

10:40 AM – 11:05 AM – SNACK BREAK

- Players are required to bring lots of water and a snack.

11:05 AM – 11:55 AM – MATCH TIME

- After snack, we will return to our groups and have the players compete in a 1v1, 2v2, 3v3, and or 4v4 tournament.
- As we go further into the week, we will have the players playing in larger group scrimmages as well.

11:55 AM – 12:00 PM – CONCLUSION OF CAMP